



DALE ST KITCHEN & BAR *by Shino*

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## DALE ST KITCHEN & BAR *by Shino* Allergens:

If you are **gluten** intolerant, **coeliac** or have any **allergies**, please consult your server aware of this upon ordering. We can never guarantee absolutely no cross contamination but we will always endeavour to cater for any dietary requirements to the best of our ability.

We offer a **gluten** free bread which can be substituted for any toast with breakfast or for our burger buns. **Gluten** free bread is toasted in a separate toaster to avoid cross contamination.

On our AWARD WINNING Classic English or build your own breakfast option, the sausage and black pudding contain **gluten**. The form of cooking we use for the hash browns and fries is the same for that of gluten containing ingredients and therefore there will be cross contamination and depending on the severity of your allergy we would encourage you not to have these.

We have strict procedures in place to avoid cross contamination on our other work surfaces and cooking equipment including our flat grill, oven, stove and pans however our chefs use a wide collection of fresh ingredients daily and the complete absence of allergens in our dishes cannot be guaranteed.

All breakfasts are served with a slice of toast which is **buttered** unless you request otherwise. Please ensure your server knows if you need **gluten** free toast, or **vegan/non-dairy butter**. If you have a dairy allergy please make your server aware of this when ordering. **Vegan** and **vegetarian** food is prepared in the same kitchen as non-vegan/vegetarian food so whilst we have procedures in place to avoid cross contamination we cannot guarantee it 100%.

Our poached eggs are cooked in white wine vinegar which does contain **sulphur dioxide**.

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	CELERY	CEREALS CONTAINING GLUTEN*	EGGS	CRUSTACEAN	FISH	LUPIN	MILK (dairy)	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
GLUTEN FREE TOAST			✓									✓		
WHITE TOAST	✓		✓											
BROWN TOAST	✓													
TORTILLAS	✓													
BRIOCHE BUN	✓													
PITTA	✓													
<b>BREAKFAST</b>														
SMOKED SALMON					✓									
BACON														
VEGAN SAUSAGES												✓		
GOLDEN SAUSAGES	✓											✓	✓	
HALLOUMI							✓							
FALAFEL	✓													
TOMATO														
BAKED BEANS												✓	✓	
MUSHROOMS														
HASHBROWN														
AVOCADO														
ROASTED PEPPERS														
SPINACH														
CHILLI AUBERGINE														
BLACKPUDDING	✓									✓				
CHEDDAR							✓							
FETA							✓							
MOZZARELLA							✓							
SWISS CHEESE							✓							
<b>EGGS</b>														
FRIES EGGS			✓											
SCRAMBLED EGGS			✓				✓							
OMELLETE			✓				✓							
POACHED			✓											✓
HONEY														
JAM														
BUTTER							✓							
<b>SANDWICHES AND WRAPS</b>														
STEAK SANDWICH	✓	✓					✓		✓					
GRILLED CHICKEN WRAP	✓	✓					✓							
BUTTERMILK CHICKEN WRAP	✓	✓					✓							
HALLOUMI WRAP	✓						✓							
VEGAN SAUSAGE WRAP	✓													
FALAFEL WRAP	✓													
CLUB SANDWICH	✓	✓					✓							
<b>PLATTERS AND STARTERS</b>														
SOUP OF THE DAY	Soup of the day changes on daily bases. Please, speak to a member of staff for precise ingredients!													
FALAFEL	✓													
MINI PLATTER	✓						✓							
GOODIES PLATTER	✓						✓							
BUTTERMILK CHICKEN STRIPS	✓	✓												
<b>SALAD</b>														
SWEET POTATO & KALE													✓	
COUSCOUS & LENTILS	✓						✓							
GREEK SALAD							✓							
<b>SIDES</b>														
FRIES														
SWEET POTATO WEDGES														
SWEET POTATO FRIES														
<b>MAINS</b>														
CHICKEN FILLET														
SEA BASS					✓									
SALMON					✓									
STEAK OF THE DAY														
GAMMON STEAK	✓													
<b>BURGERS</b>														
BEEF														
BUTTERMILK CHICKEN	✓	✓												
VEGAN SAUSAGES												✓		
FALAFEL	✓													
CHICKEN FILLET														
<b>DESSERTS</b>														
CHEESECAKE	✓	✓					✓							
BROWNIES	✓	✓					✓							
MACAROONS	✓	✓					✓							
BISCOFF BISCUITS	✓											✓		
CHAI LATTE							✓							
HOT CHOCOLATE							✓							